

LETTER OF AGREEMENT

DOULA OBLIGATIONS:

As a certified Birth Doula, Tiara The Doula, supports families in pregnancy, birth, and early postpartum through physical, emotional, and informational support. My goal is to help you have an amazing birth. I abide by the Code of Conduct and Scope of Practice of Birth Boot Camp.

AS YOUR DOULA, I WILL:

- Maintain a network of community resources
- Remain up to date on current birth related research and issues
- Provide ____ visit(s) to discuss your birth plan
- Communicate with you throughout your pregnancy
- Encourage communication between you and your care provider
- Be on call 24/7 from 38 weeks of the pregnancy
- Provide early labor support via call/text
- Provide labor support, with the exception of breaks for personal needs
- A back-up doula in the event that I am not able to attend your birth due to unforeseen circumstances
- Strive to maintain a calm and peaceful birth environment
- Provide support during the immediate postpartum period

CLIENT OBLIGATIONS:

In order to prepare for birth, please consider the following:

- Complete a childbirth education and breastfeeding course
- Stay in touch during late pregnancy and early labor so that we can best determine the appropriate time for me to join you
- Tour your birth facility
- Disclose any communicable illnesses/diseases

AS A DOULA, I DO NOT:

- Perform clinical tasks including vaginal exams, or assessment of maternal or fetal well-being
- Make decisions for you, I will help gather information necessary to help you make an informed decision
- Speak to staff on the client's behalf
- Deliver babies, if a baby arrives unexpectedly without a care provider, you, the parent(s), will be responsible for the delivery of the baby. Neither I nor Birth Boot Camp, Inc will be held liable for not providing health care.

FEES:

- A non-refundable deposit of \$_____ is due upon the signing of this agreement. This fee will reserve your estimated due date on my calendar.
- The remaining balance of \$_____ will be due by the 36th week of pregnancy and will ensure that I am on-call at 38 weeks.

• If circumstances are such that I cannot attend your birth, I will provide a qualified backup and will be responsible for payment of the backup's services. The backup will provide the same services outlined in this agreement. In the event of extraordinary circumstances, I may request a backup for relief.

• All fees are non-refundable. In the event that you fail to call to report labor has begun, or attendance of the birth is prohibited by your provider's policies, all fees are forfeited. In the care of a rapid birth, it may be impossible for me to provide these services. Fees are not adjusted for length of labor or outcomes.

• **The birth will NOT be attended if fees are not PAID IN FULL as directed above.**

• I have read and accept this letter of agreement describing doula services.

Signature

Date

PHOTO & SOCIAL MEDIA RELEASE

The information regarding your care during pregnancy, birth, and postpartum will be kept in strict confidentiality.

Please check your preference. I give permission for Tiara The Doula to:

- Take photos, if requested.
- Use photos of me and my baby on social media and business-related websites. Photos including nudity will not be shared.
- To post non-identifying details concerning the services I received on social media and other business-related websites.

Ex: Beautiful baby boy was born tonight. The parents worked so well together!

- I **DO NOT** give permission for any details or photos to be shared on social media or business-related websites.

Signature

Date

